

# Week 2 - Winter 2024-2025

Monday

Tuesday

Wednesday

Thursday

Friday

Daily addition - greek yoghurt

Lunch

Butternut squash,  
leek, potato and  
avocado

Carrot, broccoli,  
butternut squash  
and potato

Potato, courgette,  
tomato and avocado

Sweet potato,  
broccoli, cauliflower  
and potato

Carrot, cauliflower,  
broccoli and spinach

Lunch fruit

Plum and apricot

Blueberry and  
strawberry

Mango and banana

Pear and apple

Plum and apricot

Afternoon  
tea

Parsnip, pea,  
potato and  
spinach

Courgette, potato,  
parsnip and swede

Cauliflower, sweet  
potato, leek and  
sweetcorn

Parsnip, carrot,  
spinach and peas

Courgette, butternut  
squash, swede and  
tomato

Afternoon  
tea fruit

Mango and  
banana

Pear and apple

Plum and apricot

Blueberry and  
strawberry

Mango and banana