

# Week 1 - Winter 2024-2025

	Monday	Tuesday	Wednesday	Thursday	Friday
Lunch	Lentil Bolognese	Mild mixed bean curry	Jacket potato with baked beans and cheese	Margherita pizza	Ratatouille pasta bake
Baby lunch alternative			Mashed potato with baked beans and cheese	Koshari (rice, lentils and vegetables)	
Sides	Spaghetti, green beans and leeks	Basmati rice, roasted cabbage and swede	Broccoli florets	Roasted root vegetables and a selection of crudités	Green vegetable medley
Low sugar dessert	Fruit salad and yoghurt	Orange sponge cake	Fruit salad and yoghurt	Mixed fruit yoghurt	Banana bread
Afternoon tea	Chickpea and vegetable cous cous with tomato sauce	Sweet potato and carrot soup with wholemeal bread rolls and butter	Potato and lentil cakes with yoghurt dip, tomato dip and mixed salad	Spanish style omelette with bread and butter	Selection of sandwiches and crudités
Baby tea alternative					Mixed vegetable soup with wholemeal bread rolls and butter