

# Week 1 - Autumn 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Soup</b>	Soup of the day				
<b>Lunch option 1</b>	Classic soya mince Bolognese	Mild chickpea curry with raita	Autumn vegetable stew	Tofu Chow Mein	Margarita pizza
<b>Lunch option 2</b>	Spaghetti with tomato and basil sauce	Jacket potato with baked beans	Ratatouille pasta bake	Jacket potato filling of the day	Vegetable tortilla wraps
<b>Sides include a salad bar</b>	Cheddar cheese and peas	Basmati rice and roasted carrots	New potatoes, roasted leeks and cauliflower	Roasted roots and beets	Broccoli florets and green beans
<b>Low sugar dessert and daily fresh fruit</b>	Fruit salad with yoghurt	Beetroot and cacao brownie	Fruit salad with yoghurt	Mixed fruit puff pastry pie with cinnamon custard	Banana and mango smoothie
<b>Afternoon tea</b>	Mini bean and cheese burritos with salsa	Selection of sandwiches and crudité	Roasted vegetable pasta salad	Baked quesadilla	Pitta bread, crudité and houmous