

Week 2 - Autumn 2024

	Monday	Tuesday	Wednesday	Thursday	Friday
Soup	Soup of the day				
Lunch option 1	Vegetable lasagne	Mediterranean vegetable, chickpea and feta bake	Chickpea and butternut squash tagine with couscous and lime yoghurt	Red lentil and aubergine daal	Margherita pizza
Lunch option 2	Mild green lentil and sweet potato chilli	Fusilli pasta with peas and pesto	Jacket potato with baked beans	Penne pasta with tomato sauce	Pesto gnocchi
Sides include a salad bar	Green beans and roasted leeks	Sweetcorn and mixed peppers	Cauliflower and broccoli florets	Basmati rice and mixed roasted vegetables	Peas and courgettes
Low sugar dessert and daily fresh fruit	Fruit salad with yoghurt	Pear and apple crumble with custard	Fruit salad with yoghurt	Cocoa yogurt	Fruit salad with yoghurt
Afternoon tea	Cheese and tomato toasties	Selection of sandwiches and crudités	Cheese and onion puff pastry rolls	Warm roasted vegetable couscous salad	Pitta bread, houmous, crudités, mixed salad