

# SPORTS AND FITNESS WEEK

ROSADILS (FORMS 3-6)

MONDAY 15TH JULY - FRIDAY 19TH JULY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Slimy fun Gootopia</p>	<p>Multisport games sessions Highbury Fields Football Pitch</p>	<p>Indoor climbing Clip n' Climb</p>	<p>Multisport fun competition day Highbury Fields Football Pitch</p>	<p>Swimming fun St Pancras Swimming Pool - TBC</p>
<ul style="list-style-type: none"> <li>• Dance with Miss Milli</li> <li>• Fun games, tag rugby, handball, basketball and football</li> <li>• Sports questionnaire</li> <li>• Cookery: Fruit kebabs</li> </ul>	<ul style="list-style-type: none"> <li>• Learn about the benefits of exercise</li> <li>• Printable sports crafts</li> </ul>	<ul style="list-style-type: none"> <li>• Dance with Miss Milli</li> <li>• Dodgeball and football</li> <li>• Wear you favourite sports kit competition</li> <li>• Cookery: Honey, banana and oat smoothie</li> </ul>	<ul style="list-style-type: none"> <li>• Dance with Miss Milli</li> <li>• Sports and Olympics crafts</li> <li>• Make your own trophy</li> <li>• Draw and design your own sports kit</li> </ul>	<ul style="list-style-type: none"> <li>• Dance with Miss Milli</li> <li>• Gymnastics, archery, ten pin bowling and dodgeball</li> <li>• Medal design and craft</li> <li>• Certificate presentation</li> <li>• Cookery: Monster cookie energy bites</li> </ul>