



# SPORTS AND FITNESS WEEK



POPPIES (RECEPTION) AND LILIES (FORMS 1-2)  
 MONDAY 15TH JULY - FRIDAY 19TH JULY 2024

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Fun sporty games sessions            Barnard Park Football Pitch</p>	<p>Soft play fun            Talacre Sports Centre - TBC</p>	<p>Multisport sessions and competitions            Barnard Park Football Pitch</p>	<p>Sports fun session (Poppies)            Golders Hill Park Playground            Playground fun (Lilies)            Diana, Princess of Wales Memorial Playground</p>	<p>Playground fun (Poppies)            Diana, Princess of Wales Memorial Playground            Sports fun session (Lilies)            Golders Hill Park Playground</p>
<ul style="list-style-type: none"> <li>• Dance with Miss Milli</li> <li>• Multiskills fitness: fun group games</li> <li>• Make your own trophy</li> <li>• Cookery: Fruit kebabs</li> </ul>	<ul style="list-style-type: none"> <li>• Multiskills games, tennis, archery, target throws</li> <li>• Make a frisbee paper plate</li> </ul>	<ul style="list-style-type: none"> <li>• Dance with Miss Milli</li> <li>• Wear your favourite sports kit competition</li> <li>• Draw and design your own sports kit</li> <li>• Cookery: Honey, banana and oat smoothie</li> </ul>	<ul style="list-style-type: none"> <li>• Dance with Miss Milli</li> <li>• Gymnastics, archery, ten pin bowling, dodgeball</li> <li>• Create a class mascot</li> </ul>	<ul style="list-style-type: none"> <li>• Dance with Miss Milli</li> <li>• Multisport fun sessions, dodgeball, tennis, football and mini trampoline</li> <li>• Medal design and craft</li> <li>• Certificate presentation</li> <li>• Cookery: Monster cookie energy bites</li> </ul>