



EMPOWERED PARENTING *Course*

Come and learn how you can apply Montessori methods at home!

Bringing up a child can be an amazingly rewarding experience - but it is also challenging! Days can feel like frustrating battles in one moment and peaceful in the next.

The Gower School offers its Empowered Parenting Course to help parents support their young children. The course sets out how children's bodies and minds develop as they grow, the type of support they need at every age, and how adults can best offer it. From this solid foundation, the course reviews how children develop in the major areas of behaviour, language, maths, creativity, and how to apply Montessori parenting at home.

Visit our website for termly course dates
and to book your place now!

WWW.THEGOWERSCHOOL.CO.UK



Each module contains informational materials, discussion, practice, and application. These modules empower parents with the skills, insight, and reassurance needed to give children the support they deserve.

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Emma Gowers’ Empowering Parenting Course is the best course or book I could recommend to any parents of babies and/or toddlers. This course really opened my eyes. Motherhood and fatherhood comes naturally to parents but parenting can be challenging at times. This course made me realise what I needed to change to improve my parenting skills. — ”

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This is such an important course. When you’re at the coalface of parenting all day, every day it feels hard to take time out to (effectively) study the thing you are doing 24/7. However, the benefits are manifold, and the perspective I gained from ‘Empowered Parenting’ is literally a game changer. I can’t recommend this time enough. — ”

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Gaining insight into the way children think and how they relate to concepts like time and sharing was eye-opening and absolutely changed the way we are with them. It also meant far fewer fights as we are able to engage on a level that is far more likely to be received and understood. Other things that stayed with me were the importance of positive reinforcement and engagement with the children, the need for repetition and consistency, and making time to work on numbers and not just letters and reading. I think about the course a lot and would highly recommend it to any parent. — ”